



## The NHS Long Term Plan – a summary

Health and care leaders have come together to develop a Long-Term Plan to make the NHS fit for the future, and to get the most value for patients out of every pound of taxpayers' investment.

The plan has been drawn up by those who know the NHS best, including frontline health and care staff, patient groups and other experts. And they have benefited from hearing a wide range of views, whether through the 200 events that took place, and or the 2,500 submissions that were received from individuals and groups representing the opinions and interests of 3.5 million people.

This summary sets out the key things local NHS organisations will be working on with their partners to turn the ambitions in the plan into improvements in services in Coventry and Warwickshire.

### What the NHS Long Term Plan will deliver for patients

These are just some of the ways that we want to improve care for patients over the next ten years:

<b>Making sure everyone gets the best start in life</b>	<ul style="list-style-type: none"><li>• reducing stillbirths and mother and child deaths during birth by 50%</li><li>• ensuring most women can benefit from continuity of carer through and beyond their pregnancy, particularly targeted towards those who will benefit most</li><li>• providing extra support for expectant mothers at risk of premature birth expanding support for perinatal mental health conditions</li><li>• taking further action on childhood obesity</li><li>• increasing funding for children and young people's mental health</li><li>• bringing down waiting times for autism assessments</li><li>• providing the right care for children with a learning disability</li><li>• delivering the best treatments available for children with cancer, including CAR-T and proton beam therapy</li></ul>
<b>Delivering world-class care for major health problems</b>	<ul style="list-style-type: none"><li>• preventing 150,000 heart attacks, strokes and dementia cases</li><li>• providing education and exercise programmes to tens of thousands more patients with heart problems, preventing up to 14,000 premature deaths</li><li>• saving 55,000 more lives a year by diagnosing more cancers early</li><li>• investing in spotting and treating lung conditions early to prevent 80,000 stays in hospital</li></ul>

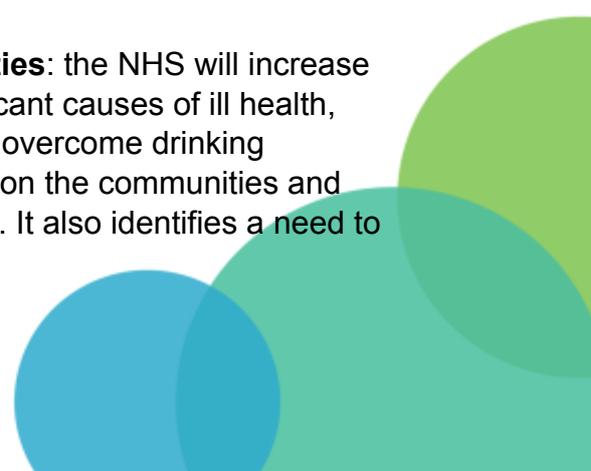


	<ul style="list-style-type: none"><li>• spending at least £2.3bn more a year on mental health care</li><li>• helping 380,000 more people get therapy for depression and anxiety by 2023/24</li><li>• delivering community-based physical and mental care for 370,000 people with severe mental illness a year by 2023/24</li></ul>
<b>Supporting people to age well</b>	<ul style="list-style-type: none"><li>• increasing funding for primary and community care by at least £4.5bn</li><li>• bringing together different professionals to better coordinate care</li><li>• helping more people to live independently at home for longer</li><li>• developing more rapid community response teams to prevent unnecessary hospital visits, and speed up discharges back to home</li><li>• upgrading NHS staff support for people living in care homes</li><li>• improving the recognition of carers and support they receive</li><li>• making further progress on care for people with dementia</li><li>• giving more people more say about the care they receive and where they receive it, particularly towards the end of their lives</li></ul>

### How we will deliver the ambitions of the NHS Long Term Plan

To ensure that the NHS can achieve the ambitious improvements we want to see for our patients, the NHS Long Term Plan also sets out how we will overcome some of the challenges that the NHS faces, such as staff shortages and growing demand for services, by:

1. **Doing things differently:** we will give people more control over their own health and the care they receive and encourage closer working between GPs, their teams and community services. This will increase the services they can provide together so that people can get the help they need more easily and closer to home. This will also increase the focus on NHS organisations working with their local partners, as 'Integrated Care Systems', to plan and deliver services which meet the needs of their communities.
2. **Preventing illness and tackling health inequalities:** the NHS will increase its contribution to tackling some of the most significant causes of ill health, including new action to help people stop smoking, overcome drinking problems and avoid Type 2 diabetes, with a focus on the communities and groups of people most affected by these problems. It also identifies a need to





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ensure people's health is not affected because of where they live, the services and treatments available to them and the amount of money they have.

3. **Backing our workforce:** we will continue to increase the NHS workforce, training and recruiting more professionals – including thousands more clinical placements for undergraduate nurses, hundreds more medical school places, and more routes into the NHS such as apprenticeships. We will also make the NHS a better place to work, so more staff stay in the NHS and feel able to make better use of their skills and experience for patients.
4. **Making better use of data and digital technology:** we will provide more convenient access to services and health information for patients, with the new NHS App as a digital 'front door', better access to digital tools and patient records for staff, and improvements to the planning and delivery of services based on the analysis of patient and population data.
5. **Getting the most out of taxpayers' investment in the NHS:** we will continue working with doctors and other health professionals to identify ways to reduce duplication in how clinical services are delivered, make better use of the NHS' combined buying power to get commonly-used products for cheaper, and reduce spend on administration.

### What happens next

Sustainability and Transformation Partnerships (STPs) and Integrated Care Systems (ICSs), are now asked to develop and implement their own strategies for the next five years.

Our strategy needs to set out how we intend to take the ambitions that the NHS Long Term Plan details, and work together to turn them into local action to improve services and the health and wellbeing of the communities we serve – building on the work we have already been doing.

This means that over the next few months, whether you are NHS staff, a patient or a member of the public, you will have the opportunity to help shape what the NHS Long Term Plan means for your area, and how the services you use or work in need to change and improve.

To help with this, local Healthwatch groups have been supporting NHS teams in ensuring that the views of patients and the public are heard, and Age UK have been leading work with other charities to provide extra opportunities to hear from people with specific needs or concerns. From March to April 2019, Healthwatch Coventry and Healthwatch Warwickshire undertook a programme of engagement activity (online surveys, face to face meetings and focus groups) to seek the views of 795 local people about what they think about the services/care we provide. The output of



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this work along with other engagement activity undertaken by the Local Authorities and the CCGs will be used to inform the production of our response to the NHS Long Term Plan, the next Coventry and Warwickshire five-year Plan.

The timescale for this activity is detailed below:

**January  
2019**  
Publication  
of the NHS  
Long Term

**Summer  
2019**  
Production  
of system  
5-year plan

**Sept 2019**  
Engagement  
on draft  
system 5-year  
plan

**November  
2019**  
Publication of  
the system  
5-year plan

### Find out more

More information is available at [www.longtermplan.nhs.uk](http://www.longtermplan.nhs.uk)